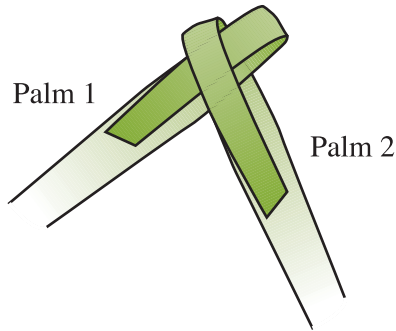


Palm Braid

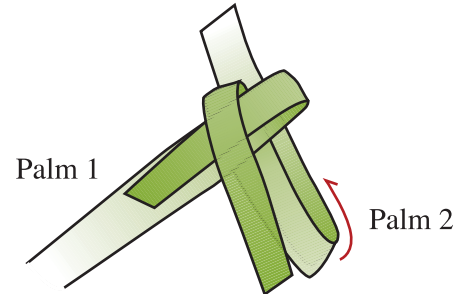
Step 1:

Take two palms and make a loop in the base of each about three inches up from the bottom. Slide one loop into the other.



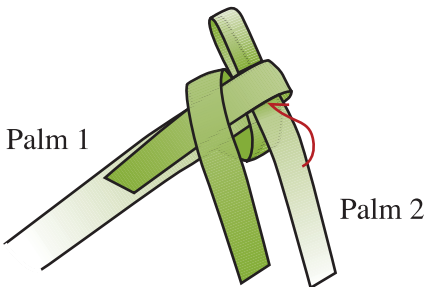
Step 2:

Take the long back side of palm 2 and make another loop by folding it backwards.



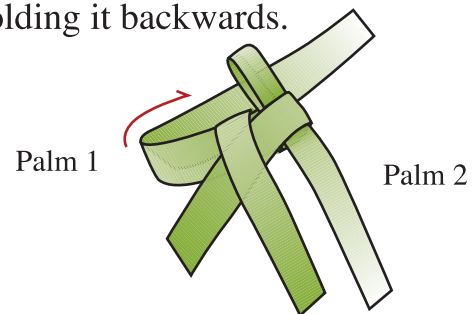
Step 3:

Take the loop that you just made with palm 2 and flip it up pushing it through the loop in palm 1. Cinch things up nice and snug.



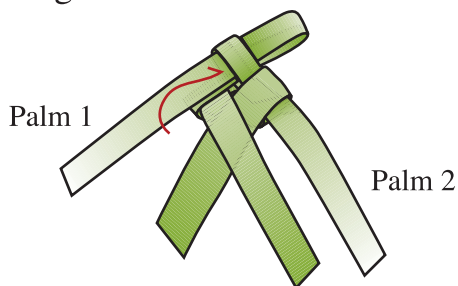
Step 4:

Now we'll do the same thing with palm 1. Make a loop with the long side of palm one by folding it backwards.



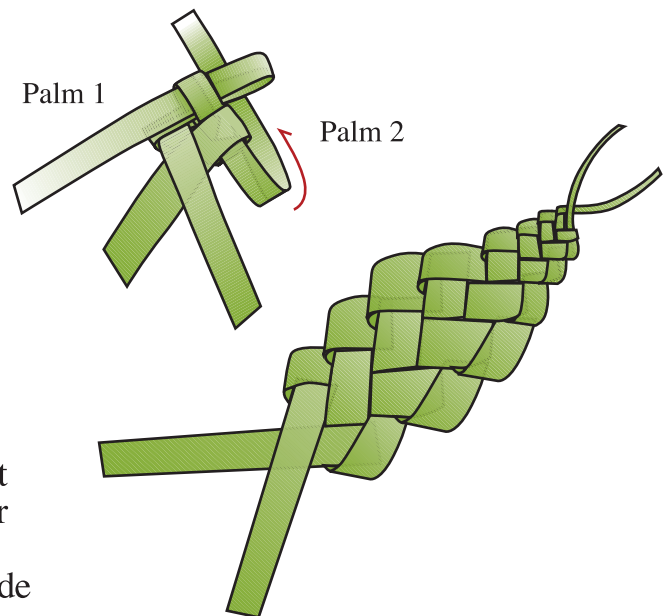
Step 5:

Now take this new loop from palm 1, flip it forward and poke it through the loop on the top of palm two. Cinch things up nice and snug.



Step 6:

Repeat steps 2 through 5 until you reach the end of the palms.



Finishing:

The palms will start to get very narrow. Be patient and try to go as far as possible because the thinner sections really look beautiful. When you've had enough simply pull the end through after you've made a loop and inserted it through the opposite loop.